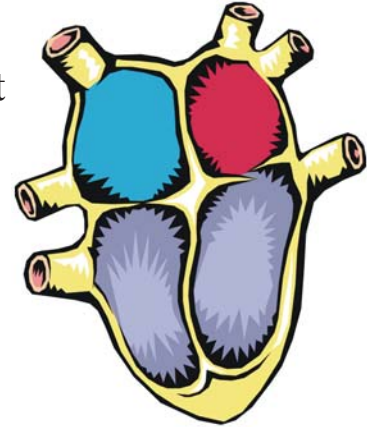




If you or someone you know has heart failure, or is at risk for heart failure, then you can help us. We are writing to you as members of the North Carolina Achieving Cardiac Excellence program (**NC ACE**), a group of healthcare organizations committed to improving the health of people with Heart Failure.



NC ACE is a program designed to help those with heart failure improve their health through education, life-style goal setting and by working with their healthcare provider.

Did you know?

Heart Failure (HF) has become a major public health problem.

- ♥ About 4.7 million Americans are living with HF today.
- ♥ The risk of developing HF increases after age 65.
- ♥ It's the most common reason older adults go into the hospital.

What is Heart Failure (HF)?

Heart Failure is a condition in which the heart muscle becomes weak or stiff and can't pump enough oxygen-rich blood to meet the body's needs.

What Can You Do?

If you have heart failure, the most important thing you can do is follow your doctor's advice. We have enclosed a brochure about heart failure to help people with HF better manage their health. Please accept this with our compliments or share with others who may have an interest in this condition.